



Mastering Extraordinary

The Art of Engaged Enlightenment

a workshop retreat with author/artist/activist

Jan Phillips

“Jan Phillips weaves an inspiring tapestry, synthesizing the wisdom embodied in ancient traditions with the spiritual awakening engaging sojourners of the 21st century.”

Diarmuid O’Murchu, author *Evolutionary Faith*

The mystic Meister Eckhart said, “The process of enlightenment is a process of subtraction, not addition.” We do not have to learn more to become enlightened. We have to let go of our ideas about enlightenment. We have to lose our illusions. We have to abandon our ideas that there is some place to get to, another state to arrive at, more information to acquire.

The only thing that keeps any of us from enlightenment is our own thoughts. Believing is seeing. In this workshop, we delve deeply into our own mental landscape and explore it like pioneers. We examine what we think, why we think it, and discern if we want to keep thinking it. We liberate ourselves from cultural and religious conditioning. We practice original thinking. We learn how to speak from our core.

In this work, we use poetry, video, music and story to keep our brains and hearts connected. We learn practices that keep us connected to the Infinite. We begin a journey to mastery that will change the course of our lives if we are true to our commitments.

- **discover the difference between original thinking and conditioned thinking**
- **learn the skill of transcending duality**
- **experience the power of being connected to your own wisdom**

“Jan Phillips brings into focus the awareness that there is an ART to original thinking. She assembles a powerful array of guidance and insights to awaken every one of us to the capacity to become a thought leader. I highly recommend her!”

Barbara Marx Hubbard, President, Foundation for Conscious Evolution

Jan Phillips is a writer, speaker, and national workshop director. She is the author of 10 award-winning books, including *Creativity Unzipped*, *There Are Burning Bushes Everywhere*, *No Ordinary Time*, *The Art of Original Thinking*, *Divining the Body*, *Born Gay*, *God Is at Eye Level*, *Marry Your Muse*, and *Making Peace: One Woman’s Journey Around the World*. Jan is co-founder and Executive Director of the Livingkindness Foundation and responsible for the Livingkindness Learning Centre in Kadunah, Nigeria. She has performed with Pete Seeger, taught with Jane Goodall, and worked with Mother Teresa. She is a performing artist with 3 CDs of original music and several videos that provoke original thinking and prophetic action. For more info, www.janphillips.com.